

THE UNIVERSAL DECLARATION OF HUMAN RIGHTS

Adopted by the General Assembly of the United Nations in 1948, the Universal Declaration states fundamental rights and freedoms to which all human beings are entitled.

We are all born free and equal.


Everyone is entitled to these rights no matter your race, religion, sex, language, or nationality.

Everyone has the right to life, freedom, and safety.


You have the responsibility to respect the rights of others.

No one can take away any of your rights.


No one has the right to hold you in slavery.




You have the right to seek asylum in another country if you are persecuted in your own.




Every adult has the right to a job, a fair wage, and membership in a trade union.




No one has the right to torture you.




Everyone has the right to a nationality.




You have the right to leisure and rest from work.



You have a right to be recognized everywhere as a person before the law.




All consenting adults have the right to marry and to raise a family.




Everyone has the right to an adequate standard of living for themselves and their family.




We are all equal before the law and are entitled to equal protection of the law.




You have the right to own property.




Everyone has the right to an education.




You have the right to seek legal help if your rights are violated.




Everyone has the right to belong to a religion.




Everyone has the right to freely participate in the culture and scientific advancement of their community, and their intellectual property as artist or scientist should be protected.




No one has the right to wrongly imprison you or force you to leave your country.




You have the right to think and voice your opinions freely.




We are all entitled to a social order in which we may enjoy these rights.



You have a right to a fair, public trial.




Everyone has the right to gather as a peaceful assembly.




Everyone's rights and freedoms should be protected unless they obstruct the rights and freedoms of others.




Everyone is innocent until proven guilty.




You have the right to participate in the governance of your country, either directly or by helping to choose representatives in free and genuine elections.




You have the right to privacy. No one can interfere with your reputation, family, home, or correspondence.



You have the right to social security and are entitled to economic, social, and cultural help from your government.



You have the right to travel.



No State, group, or person can use this Declaration to deny the rights and freedoms of others.

