

**HANDOUT**

# Influences on Identity

**Directions:** In the center, write your name. In each of the boxes, record your answers to the questions about the factors that can influence identity.

**PLACE & BELONGING****CULTURES & CUSTOMS**

Where do you call home or feel most at home?	What traditions or cultural practices are most important to you?
What do you feel like when you are in this place?	Where or from whom did you learn them?
<b>NAME</b>	
What beliefs and values are most important to you?	What 3-5 words best describe you?
Where or from whom did you learn them?	What makes you a unique individual?

**BELIEFS & VALUES****ASPECTS OF IDENTITY**