

Handout

Image and Appearance: Anticipation Guide

Directions: Read the statement in the left column. Decide if you strongly agree (**SA**), agree (**A**), disagree (**D**), or strongly disagree (**SD**) with the statement. Circle your response.

Statement	Your Opinion
1. It is unfair to judge someone based on their appearance.	SA A D SD
2. Mass media promotes ideal body types that teens strive for.	SA A D SD
3. Some genders are judged by their appearance more than other genders.	SA A D SD
4. There are certain gender roles that people should be taught to follow.	SA A D SD
5. The clothes we wear can affect how we feel.	SA A D SD
6. Mirrors reflect our true selves.	SA A D SD
7. I am comfortable in my own skin.	SA A D SD