

HANDOUT

What Is Belonging? Anticipation Guide

Step 1: Read each statement in the left column. Decide if you strongly disagree (SD), disagree (D), agree (A), or strongly agree (SA) with the statement. Highlight or circle your response.

Statement		Your Opinion		
Belonging is a basic human need. It is as imporfood, water, and shelter.	rtant as	SD D	Α	SA
Human beings can experience belonging when in a group and when they are alone.	they are	SD D	Α	SA
It is important for all members of a group to had identities, values, and ideas in order for everyone like they belong.		SD D	A	SA
4. Belonging requires conforming to a group's value norms, even if that means sacrificing one's ind	SI	SD D	Α	SA
5. Belonging is the same as fitting in.	SI	D D	Α	SA
6. Social media can improve a person's sense of k in the world.	pelonging	SD D	Α	SA

Step 2: Personal Reflection
Choose one statement that interests you for a short written reflection. Why do you find it interesting? What question(s) does it raise for you?
Step 3: Personal Connection
Complete the following statement: I feel like I belong when
Step 4: My Definition
Define belonging in your own words.